



Art Therapy

Online Course

THE COLORFUL JOURNEY

A TRANSFORMATIVE
ABSTRACT PAINTING COURSE
FOR ALL LEVELS



By Cornelia Gullberg



Hello!

Welcome to the colorful journey of abstract painting, I am Cornelia an Abstract Artist & Holistic Wellness Coach.

I am here to create a beautiful container to help make your creative process playful and fun, guiding & supporting you in cultivating your creativity and expressing yourself freely on the canvas through the world of abstract art.





Are you ready?

To explore the healing powers of painting?

To discover an alternative way to meditate?

To cultivate creativity that benefits all areas of your life?

To learn how to express yourself through abstract painting?

To nurture and connect with your inner child in a fun and imaginative space?

To learn how to follow & trust your intuition throughout the creative process?



What you will get:

6 Week Live Course

Private or Group

Online Abstract Painting:

6 x 90 min Private Sessions

396 USD pp / 4 244 SEK pp

or

6 x 90 min Group Sessions

242 USD pp / 2 592 SEK pp

(máx. 3 people)

Access to recorded sessions

Support via email and WhatsApp

Payment plans are offered

Let's Start The Colorful Journey Together!



The Colorful Journey

List of Tools & Material

What you need to get in your local art store:

- 5 oil colors

Red, blue & yellow

One color of your choice

One white or mixing white

- One or two paintbrushes

One canvas in the size of your choice

Linseed oil, paint thinner & 2 paper cups or glass jars

- Covering paper for floor & painting tape

Search for some clothing at home that doesn't mind some color spills!

Optional:

Inspiring music of your choice, candles & incense

Schedule a call to apply

